



CHILDREN & YOUTH REPORT CARD REVIEW BY ALEXANDRIA CITY HIGH SCHOOL



ALEXANDRIA CITY
HIGH SCHOOL

Teenage Pregnancy

1 TOPIC

Teenage pregnancy



2 TOPIC DESCRIPTION

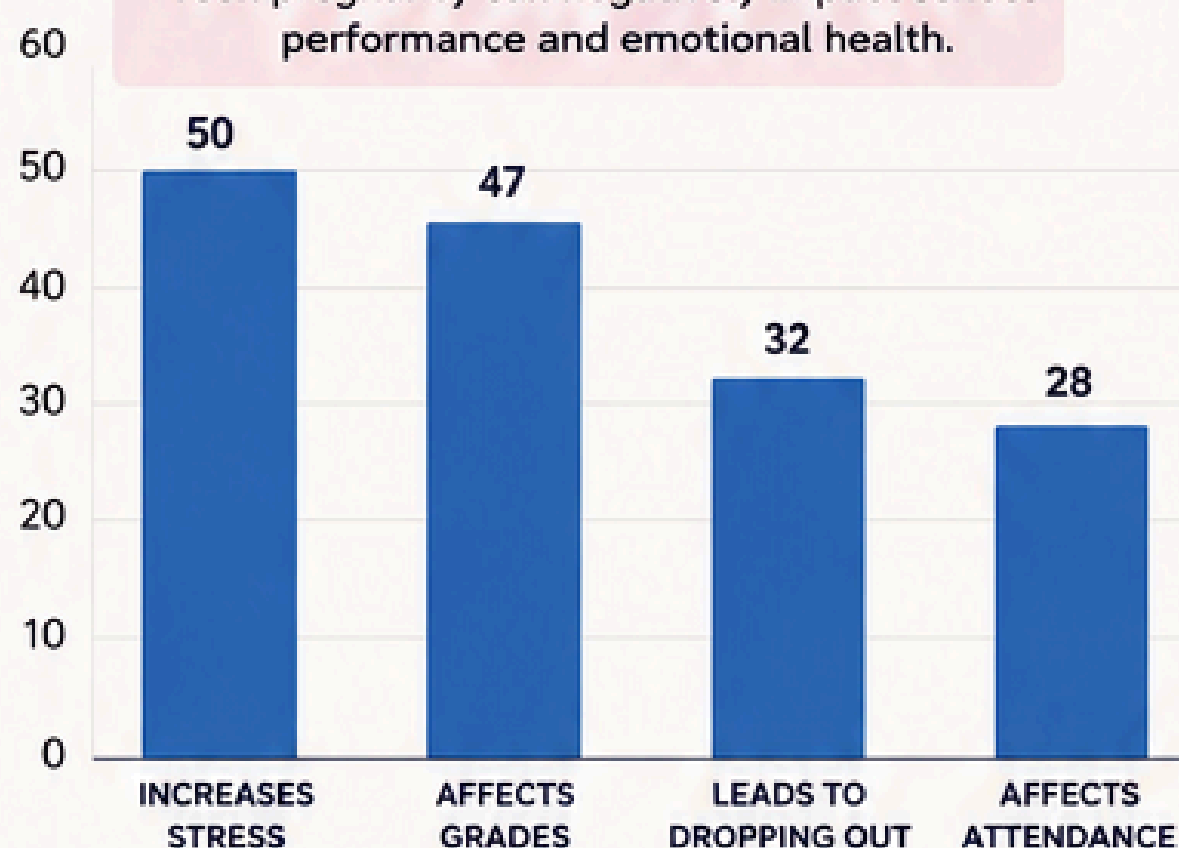
- **WHO IS AFFECTED:** Mostly adolescent girls, with a higher impact on those from lower-income backgrounds.
- **HOW THEY ARE AFFECTED:** Increased risk of dropping out of school, long-term poverty, lower income, and higher rates of depression and birth complications.
- **WHY IT MATTERS IN ALEXANDRIA:** The teen pregnancy rate in the City of Alexandria increased to 15.3 per 1,000 girls ages 10–19 in 2023, up 23.4% from the previous year.
- **IMPACT ON THE COMMUNITY:** The Alexandria Campaign on Adolescent Pregnancy (ACAP) highlights that teen pregnancy affects the entire community's health and economic future, necessitating support for teen parents.

WHAT IS HAPPENING RIGHT NOW?

According to the CDC (Centers for Disease Control and Prevention) the U.S. teen birth rate for females ages 15–19 was 13.1 births per 1,000 females in 2023. This proves teen pregnancy is still an issue affecting communities nationwide.

WHAT DOES THE DATA SHOW?

Teen pregnancy can negatively impact school performance and emotional health.



Survey of ACHS students (n=120)
Percentage of students who agree

WHO CAN HELP?

List stakeholders or groups that could help solve this issue. Explain how each stakeholder or group could help.



Schools: Provide health education and resources.



Parents & Families: Offer support, communication, and guidance.



Healthcare Providers: Provide access to reproductive health services and education.



Community Organizations: Support outreach, awareness, and programs.

You must include 2 stakeholders.
Include their logos too!



WHAT HAS ALREADY BEEN TRIED?

Explain what the school, city, or other groups are already doing about this issue.

- Health education classes in schools
- Counseling and mentoring programs
- Awareness campaigns and assemblies
- Community healthcare partnerships

What should change?
(Your Solution)

More consistent education and outreach are needed. Programs need to be more accessible and engaging for teens.

WHAT HAS BEEN DONE SO FAR?

Quantity: What actions have been taken?

- Health education classes
- Counseling and mentoring programs
- Awareness campaigns

Quality: How well are those actions working?

Some students are more informed, but teen pregnancy and lack of awareness are still concerns.

IS IT ACTUALLY HELPING?

Use data to explain if the actions taken so far are making a difference.

The teen birth rate in Alexandria increased to 15.3 per 1,000 girls ages 10–19 in 2023, up 23.4% from the previous year.



**23.4%
INCREASE
(2022–2023)**

Are people better off or not?
Not enough yet.

WHAT WILL HAPPEN NEXT?

If your solution is used, what will improve?

- ✓ Better student awareness
- ✓ Improved academic success
- ✓ Better mental & physical health
- ✓ Lower teen pregnancy rates

Who will benefit and how?

Students, families, schools, and the Alexandria community will benefit from healthier and more informed youth.

CITATIONS

Eickert, C. (2025). *Titan Changemaker Listening Session Handout* [Handout].
Centers for Disease Control and Prevention. (2024). *Teen Birth Rates*. <https://www.cdc.gov>
Administration for Children and Families. (2024). *Youth and Family Services*. <https://www.acf.hhs.gov>
Alexandria City Public Schools. (2024). *Student Support Services*. <https://www.acps.k12.va.us>
World Health Organization. (2023). *Adolescent Pregnancy Facts*. <https://www.who.int>
Youth.gov. (2024). *Teen Pregnancy Prevention*. <https://youth.gov>



WHAT SHOULD CHANGE? (YOUR SOLUTION)

Explain your solution in detail.

My solution is to expand and normalize youth reproductive health education and support services in schools and the community.

This includes:

- Making health education engaging, age-appropriate, and ongoing
- Increasing access to counseling and reproductive healthcare
- Involving teens in designing programs and campaigns
- Partnering with community organizations for outreach & support

Use your survey data to support your idea.

Our survey shows that teen pregnancy negatively affects stress, grades, dropping out, and attendance. Stronger support can help



LEARN MORE

List at least 2 helpful resources, and explain how they help.

- plannedparenthood.org
– Provides accurate sexual health information and resources for teens.
- bedsider.org
– Helps teens learn about birth control options and



CYCP GOAL CONNECTION

CYCP Goal: All Children, Youth, and Families Will Be Physically Safe and Healthy.

Teen pregnancy connects to this goal because it affects both physical and mental health. Teens need access to healthcare, education, and emotional support to stay healthy and succeed in school and life.

